

Us Upfront Natasha Seegert



If I didn't work in education...

I would be in the environmental non-profit sector

Quote I live by:

"The Earth is what we all have in common"
- Wendell Berry

On a perfect weekend, you can find me

doing a combination of gardening, cooking, knitting, reading, playing board games, and hiking.

Most memorable college class I took

Principles of Wildlife Ecology and Conservation

Fictional character I'm most like

Katara from *Avatar the Last Airbender*

Last book I finished

Mythos by Stephen Fry

Last movie I saw

RRR, directed by S.S. Rajamouli (A Tollywood film with some of the most memorable action sequences you can imagine!)

I hope that my students

understand that the Zen you find is the Zen you bring with you, and that resiliency is an art to cultivate through daily practice that puts us into contact with beings who are not us, nor are they necessarily human.

